

Programmanr. 65
27-5-2016 - 19:00

Heren, 200m vlinderslag

all-in
Resultaten

| | | | | |
|---------------------------------|---------|------------------|----------------------|-----------|
| Prov. record Zeeland 16 jaar | 2:14.33 | Ruden de Ridder | Den Haag | 28-2-2016 |
| Prov. record Zeeland 17 jaar | 2:22.09 | Diego De Meyer | Terneuzen | 22-5-2012 |
| Prov. record Zeeland 14 jaar | 2:23.92 | Bjorn Scherbeijn | Amsterdam | 20-6-2010 |
| Prov. record Zeeland 15 jaar | 2:20.14 | Ruden de Ridder | ANTWERPEN | 19-4-2015 |
| Prov. record Zeeland 25-29 jaar | 2:16.23 | Charles Potin | Terneuzen | 27-5-2008 |
| Prov. record Zeeland 30-34 jaar | 3:11.60 | Roy Blange | Sas van Gent | 28-5-2013 |
| Prov. record Zeeland 18 jaar | 2:18.81 | Kalle van Gemert | Olympisch Zwembad We | 24-4-2016 |
| Prov. record Zeeland 20-24 jaar | 2:20.12 | Niek de Ridder | Eindhoven | 7-12-2008 |
| Prov. record Zeeland 13 jaar | 2:34.26 | Ruden de Ridder | ANTWERPEN | 27-4-2013 |
| Prov. record Zeeland 12 jaar | 2:57.04 | Ruden de Ridder | Breda | 25-3-2012 |

Limiet Jun 3: 2:29.38; Jgd 1: 2:22.70; Jun 1: 2:52.83; Jun 2: 2:38.55; Jun 4: 2:24.17; Jgd 2: 2:21.25

| rang | naam | vereniging | inschrijftijd | | tijd | 100m | 200m |
|------|--------------------|---------------------|---------------|-----------|-------------------|---------|---------|
| 1. | Diego De Meyer | SZ&PC De Bruinvis | 2:09.26 | 199500467 | 2:19.86 PR | 1:05.14 | 2:19.86 |
| 2. | Kalle van Gemert | ZPC De Zeeuwse Kust | 2:14.28 | 199801259 | 2:23.81 | 1:07.36 | 2:23.81 |
| 3. | Tom Erpelinck | De Honte | 2:37.22 | 199100607 | 2:41.50 | 1:09.89 | 2:41.50 |
| DIS | Siebert van Dieren | De Bevelanders | 2:37.02 | 199500849 | | | |

AE - De aangegeven zwemslag niet uitgevoerd.

| | | | | | | | |
|----|---------------|-------------------|----|-----------|-------------------|---------|---------|
| BM | Tristan Kloet | Z.V. Zeelandia | NT | 200200063 | 2:55.83 | 1:19.13 | 2:55.83 |
| BM | Roel Dellaert | SZ&PC De Bruinvis | NT | 198400447 | 3:05.45 PR | 1:21.15 | 3:05.45 |

Programmanr. 66
27-5-2016 - 19:03

Dames, 400m wisselslag

all-in
Resultaten

| | | | | |
|---------------------------------|---------|---------------------|--------------|-----------|
| Prov. record Zeeland 13 jaar | 5:21.72 | Judith Stap | Eindhoven | 3-12-2006 |
| Prov. record Zeeland 25-29 jaar | 5:35.82 | Ryan Verplanke | Axel | 31-5-2005 |
| Prov. record Zeeland 30-34 jaar | 5:44.35 | Ryan Verplanke | Sas van Gent | 22-5-2007 |
| Prov. record Zeeland 12 jaar | 6:11.29 | Shanyra van Bambost | Kruiningen | 6-6-2002 |
| Prov. record Zeeland 15 jaar | 5:16.06 | Judith Stap | Eindhoven | 7-6-2008 |
| Prov. record Zeeland 16 jaar | 5:01.01 | Judith Stap | Eindhoven | 14-6-2009 |
| Prov. record Zeeland 14 jaar | 5:19.54 | Judith Stap | Eindhoven | 17-6-2007 |
| Prov. record Zeeland 20-24 jaar | 5:18.33 | Maartje van Keulen | Sas van Gent | 25-5-2004 |
| Prov. record Zeeland 18 jaar | 5:28.85 | Stephanie Rombout | Eindhoven | 21-4-2006 |
| Prov. record Zeeland 17 jaar | 4:59.37 | Judith Stap | Eindhoven | 13-6-2010 |

Limiet Jun 2: 5:57.64; Jun 3: 5:47.85; Jgd 1: 5:41.02; Jgd 2: 5:39.66

| rang | naam | vereniging | inschrijftijd | | tijd | 100m | 200m | 300m | 400m |
|------|----------------------|---------------------|---------------|---------------|---------------------------|---------------|---------|---------|---------|
| 1. | Nikita van den Ouden | ZPC De Zeeuwse Kust | 5:09.05 | 199900622 | 5:22.87 | 1:14.81 | 2:39.00 | 4:11.65 | 5:22.87 |
| | 50m: 1:14.81 | 150m: 2:39.00 | | 250m: 4:11.65 | | 350m: 5:22.87 | | | |
| | 100m: 1:14.81 | 200m: 2:39.00 | | 300m: 4:11.65 | | 400m: 5:22.87 | | | |
| 2. | Simone de Rijcke | ZCKoewacht | 5:22.40 | 199603452 | 5:24.52 | 1:13.59 | 2:37.57 | 4:13.25 | 5:24.52 |
| | 50m: 1:13.59 | 150m: 2:37.57 | | 250m: 4:13.25 | | 350m: 5:24.52 | | | |
| | 100m: 1:13.59 | 200m: 2:37.57 | | 300m: 4:13.25 | | 400m: 5:24.52 | | | |
| 3. | Laura Nieuwland | ZPC De Zeeuwse Kust | 5:21.68 | 200001834 | 5:29.97 NJK1:13.68 | 1:13.68 | 2:36.40 | 4:17.37 | 5:29.97 |
| | 50m: 1:13.68 | 150m: 2:36.40 | | 250m: 4:17.37 | | 350m: 5:29.97 | | | |
| | 100m: 1:13.68 | 200m: 2:36.40 | | 300m: 4:17.37 | | 400m: 5:29.97 | | | |
| 4. | Kirsten Walraven | ZPC De Zeeuwse Kust | 5:30.39 | 200001358 | 5:36.84 NJK1:18.08 | 1:18.08 | 2:41.75 | 4:22.15 | 5:36.84 |
| | 50m: 1:18.08 | 150m: 2:41.75 | | 250m: 4:22.15 | | 350m: 5:36.84 | | | |
| | 100m: 1:18.08 | 200m: 2:41.75 | | 300m: 4:22.15 | | 400m: 5:36.84 | | | |
| 5. | Iris Erpelinck | De Honte | 5:45.63 | 199300236 | 5:50.12 | 1:12.41 | 2:41.50 | 4:25.42 | 5:50.12 |
| | 50m: 1:12.41 | 150m: 2:41.50 | | 250m: 4:25.42 | | 350m: 5:50.12 | | | |
| | 100m: 1:12.41 | 200m: 2:41.50 | | 300m: 4:25.42 | | 400m: 5:50.12 | | | |
| 6. | Jelita van Esseveld | Z&PC De Ganze | 5:57.29 | 199803234 | 6:08.97 | 1:20.02 | 2:57.31 | 4:42.14 | 6:08.97 |
| | 50m: 1:20.02 | 150m: 2:57.31 | | 250m: 4:42.14 | | 350m: 6:08.97 | | | |
| | 100m: 1:20.02 | 200m: 2:57.31 | | 300m: 4:42.14 | | 400m: 6:08.97 | | | |
| 7. | Kayleigh Kloet | Z.V. Zeelandia | 6:21.56 | 199802860 | 6:43.23 | 1:34.29 | 3:14.46 | 5:09.86 | 6:43.23 |
| | 50m: 1:34.29 | 150m: 3:14.46 | | 250m: 5:09.86 | | 350m: 6:43.23 | | | |
| | 100m: 1:34.29 | 200m: 3:14.46 | | 300m: 5:09.86 | | 400m: 6:43.23 | | | |
| 8. | Nasca van Dijk | ZCKoewacht | 6:56.06 | 200300816 | 7:05.71 | 1:33.71 | 3:30.47 | 5:33.88 | 7:05.71 |
| | 50m: 1:33.71 | 150m: 3:30.47 | | 250m: 5:33.88 | | 350m: 7:05.71 | | | |
| | 100m: 1:33.71 | 200m: 3:30.47 | | 300m: 5:33.88 | | 400m: 7:05.71 | | | |
| BM | Marenne Huigh | Scheldestroom | NT | 199900852 | 7:00.56 | 1:40.31 | 3:28.17 | 5:25.81 | 7:00.56 |
| | 50m: 1:40.31 | 150m: 3:28.17 | | 250m: 5:25.81 | | 350m: 7:00.56 | | | |
| | 100m: 1:40.31 | 200m: 3:28.17 | | 300m: 5:25.81 | | 400m: 7:00.56 | | | |
| BM | Bianca de Pooter | De Honte | NT | 199202738 | 7:00.20 | 1:37.64 | 3:29.24 | 5:27.41 | 7:00.20 |
| | 50m: 1:37.64 | 150m: 3:29.24 | | 250m: 5:27.41 | | 350m: 7:00.20 | | | |
| | 100m: 1:37.64 | 200m: 3:29.24 | | 300m: 5:27.41 | | 400m: 7:00.20 | | | |

Programmanr. 67
27-5-2016 - 19:18

Heren, 1500m vrije slag

all-in
Resultaten

| | | | | |
|---------------------------------|----------|------------------|---------------|-----------|
| Prov. record Zeeland 20-24 jaar | 18:03.00 | Eelco van Gemert | Axel | 30-5-1995 |
| Prov. record Zeeland 18 jaar | 17:29.21 | Ronnie Babijn | Antwerpen (B) | 8-5-1988 |
| Prov. record Zeeland 13 jaar | 19:10.08 | Casper Zwier | Axel | 26-5-2010 |
| Prov. record Zeeland 12 jaar | 22:11.35 | Levy Kort | Antwerpen | 11-4-2008 |
| Prov. record Zeeland 35-39 jaar | 20:07.22 | Jan Brink | Middelburg | 8-6-1999 |
| Prov. record Zeeland 30-34 jaar | 18:35.65 | Ronnie Babijn | Axel | 30-5-2000 |
| Prov. record Zeeland 17 jaar | 17:41.50 | Sonny Corre | Antwerpen | 23-4-2010 |
| Prov. record Zeeland 16 jaar | 17:47.10 | Sonny Corré | Sas van Gent | 26-5-2009 |
| Prov. record Zeeland 14 jaar | 17:42.07 | Casper Zwier | Eindhoven | 3-12-2011 |
| Prov. record Zeeland 25-29 jaar | 18:08.48 | Charles Potin | Terneuzen | 27-5-2008 |
| Prov. record Zeeland 15 jaar | 17:28.27 | Casper Zwier | Amersfoort | 21-4-2012 |

Limiet Jun 3: 18:54.94; Jgd 1: 17:54.63; Jun 1: 20:53.45; Jun 2: 19:28.21; Jun 4: 18:06.88; Jgd 2: 17:43.49

| rang | naam | vereniging | inschrijftijd | tijd |
|------|---------------------|---------------------|-----------------|-----------------|
| 1. | Chiel de Pooter | De Schelde | 18:46.98 | 200101355 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:08.40 | 500m: 6:09.45 | 900m: 11:11.15 | 1300m: 16:12.76 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:22.91 | 600m: 7:25.00 | 1000m: 12:26.44 | 1400m: 17:28.48 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 3:38.42 | 700m: 8:40.61 | 1100m: 13:41.72 | 1500m: 18:42.70 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 4:53.86 | 800m: 9:55.54 | 1200m: 14:57.33 | |
| 2. | Leon Faasse | De Schelde | 18:45.66 | 200002473 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:08.22 | 500m: 6:17.71 | 900m: 11:34.62 | 1300m: 16:48.27 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:24.41 | 600m: 7:37.21 | 1000m: 12:52.55 | 1400m: 18:06.59 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 3:40.65 | 700m: 8:56.49 | 1100m: 14:11.93 | 1500m: 19:21.32 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 4:59.09 | 800m: 10:15.81 | 1200m: 15:29.84 | |
| 3. | Jan Brink | ZPC De Zeeuwse Kust | 18:33.94 | 196200091 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:11.17 | 500m: 6:21.58 | 900m: 11:36.11 | 1300m: 16:50.95 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:27.70 | 600m: 7:40.23 | 1000m: 12:53.77 | 1400m: 18:09.86 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 3:45.45 | 700m: 8:58.34 | 1100m: 14:12.17 | 1500m: 19:27.45 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 5:03.33 | 800m: 10:17.02 | 1200m: 15:31.30 | |
| 4. | Thijmen van de Beek | ZCKoewacht | 18:57.43 | 199901075 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:07.46 | 500m: 6:22.70 | 900m: 11:46.57 | 1300m: 17:09.81 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:23.86 | 600m: 7:42.98 | 1000m: 13:07.37 | 1400m: 18:32.57 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 3:42.07 | 700m: 9:04.60 | 1100m: 14:28.17 | 1500m: 19:47.05 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 5:02.46 | 800m: 10:24.87 | 1200m: 15:48.94 | |
| 5. | Tom van Gils | Onderdak | 20:29.89 | 199501799 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:12.79 | 500m: 6:42.55 | 900m: 12:18.97 | 1300m: 18:00.22 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:32.95 | 600m: 8:06.33 | 1000m: 13:44.26 | 1400m: 19:26.11 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 3:55.33 | 700m: 9:29.66 | 1100m: 15:09.13 | 1500m: 20:50.27 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 5:18.64 | 800m: 10:54.05 | 1200m: 19:34.39 | |
| 6. | Rinke Hiel | ZCKoewacht | 20:01.16 | 200102131 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:13.88 | 500m: 6:52.09 | 900m: 12:35.18 | 1300m: 18:15.92 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:37.17 | 600m: 8:17.29 | 1000m: 14:01.13 | 1400m: 19:40.51 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 4:01.19 | 700m: 9:43.26 | 1100m: 15:25.44 | 1500m: 21:02.54 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 5:26.16 | 800m: 11:09.31 | 1200m: 16:51.00 | |
| 7. | Stijn de Rechter | ZCKoewacht | 21:28.31 | 200202989 |
| | 50m: | 450m: | 850m: | 1250m: |
| | 100m: 1:19.52 | 500m: 7:15.88 | 900m: 13:31.76 | 1300m: 19:51.12 |
| | 150m: | 550m: | 950m: | 1350m: |
| | 200m: 2:47.70 | 600m: 8:49.13 | 1000m: 15:03.81 | 1400m: 21:23.52 |
| | 250m: | 650m: | 1050m: | 1450m: |
| | 300m: 4:12.32 | 700m: 10:22.63 | 1100m: 16:39.51 | 1500m: 22:49.60 |
| | 350m: | 750m: | 1150m: | |
| | 400m: 5:44.74 | 800m: 11:57.12 | 1200m: 18:15.57 | |

Programmanr. 67, Heren, 1500m vrije slag, all-in

| rang | naam | vereniging | inschrijftijd | tijd | |
|------|-----------------|-------------------|-----------------|-----------------|-----------------|
| 8. | Sander Provoost | ZCKoewacht | 22:44.96 | 200302121 | 23:25.44 |
| | 50m: | 450m: | 850m: | 1250m: | |
| | 100m: 1:20.12 | 500m: 7:39.51 | 900m: 14:06.09 | 1300m: 20:21.00 | |
| | 150m: | 550m: | 950m: | 1350m: | |
| | 200m: 2:51.99 | 600m: 9:16.24 | 1000m: 15:41.66 | 1400m: 21:53.00 | |
| | 250m: | 650m: | 1050m: | 1450m: | |
| | 300m: 4:26.50 | 700m: 10:52.61 | 1100m: 17:14.86 | 1500m: 23:25.44 | |
| | 350m: | 750m: | 1150m: | | |
| | 400m: 6:02.60 | 800m: 12:28.70 | 1200m: 18:49.26 | | |
| 9. | Gijs de Pooter | De Schelde | 22:34.93 | 200301113 | 24:03.55 |
| | 50m: | 450m: | 850m: | 1250m: | |
| | 100m: 1:19.11 | 500m: 7:23.64 | 900m: 13:58.86 | 1300m: 20:45.85 | |
| | 150m: | 550m: | 950m: | 1350m: | |
| | 200m: 2:46.89 | 600m: 9:00.43 | 1000m: 15:40.68 | 1400m: 22:24.35 | |
| | 250m: | 650m: | 1050m: | 1450m: | |
| | 300m: 4:17.60 | 700m: 10:36.42 | 1100m: 17:22.02 | 1500m: 24:03.55 | |
| | 350m: | 750m: | 1150m: | | |
| | 400m: 5:50.22 | 800m: 12:17.22 | 1200m: 19:05.70 | | |
| 10. | Arjan Dekker | ZCKoewacht | 26:32.17 | 196900225 | 28:24.62 |
| | 50m: | 450m: | 850m: | 1250m: | |
| | 100m: 1:24.32 | 500m: 8:50.30 | 900m: 16:40.79 | 1300m: 24:35.09 | |
| | 150m: | 550m: | 950m: | 1350m: | |
| | 200m: 3:08.22 | 600m: 10:48.11 | 1000m: 18:40.67 | 1400m: 26:32.21 | |
| | 250m: | 650m: | 1050m: | 1450m: | |
| | 300m: 4:58.03 | 700m: 12:46.06 | 1100m: 20:38.91 | 1500m: 28:24.62 | |
| | 350m: | 750m: | 1150m: | | |
| | 400m: 6:53.22 | 800m: 14:44.14 | 1200m: 22:36.73 | | |
| BM | Vincent Keijmel | Scheldestroom | NT | 199101169 | 21:52.12 |
| | 50m: | 450m: | 850m: | 1250m: | |
| | 100m: 1:19.26 | 500m: 7:21.77 | 900m: 13:18.66 | 1300m: 19:06.92 | |
| | 150m: | 550m: | 950m: | 1350m: | |
| | 200m: 2:49.00 | 600m: 8:51.86 | 1000m: 14:46.93 | 1400m: 20:31.85 | |
| | 250m: | 650m: | 1050m: | 1450m: | |
| | 300m: 4:21.12 | 700m: 10:20.91 | 1100m: 16:14.06 | 1500m: 21:52.12 | |
| | 350m: | 750m: | 1150m: | | |
| | 400m: 5:51.01 | 800m: 11:50.27 | 1200m: 17:41.04 | | |
| BM | Diego De Meyer | SZ&PC De Bruinvis | NT | 199500467 | 18:44.28 |
| | 50m: | 450m: | 850m: | 1250m: | |
| | 100m: 1:06.26 | 500m: 6:07.67 | 900m: 11:14.59 | 1300m: 16:17.53 | |
| | 150m: | 550m: | 950m: | 1350m: | |
| | 200m: 2:18.01 | 600m: 7:24.09 | 1000m: 12:31.14 | 1400m: 17:33.47 | |
| | 250m: | 650m: | 1050m: | 1450m: | |
| | 300m: 3:32.09 | 700m: 8:41.21 | 1100m: 13:46.64 | 1500m: 18:44.28 | |
| | 350m: | 750m: | 1150m: | | |
| | 400m: 4:48.22 | 800m: 9:58.96 | 1200m: 15:01.45 | | |

Programmanr. 68
27-5-2016 - 20:07

Dames, 800m vrije slag

all-in
Resultaten

| | | | | |
|---------------------------------|----------|--------------------|--------------|-----------|
| Prov. record Zeeland 16 jaar | 9:51.35 | Judith Stap | Sas van Gent | 26-5-2009 |
| Prov. record Zeeland 17 jaar | 9:38.37 | Judith Stap | Axel | 26-5-2010 |
| Prov. record Zeeland 14 jaar | 9:35.01 | Judith Stap | Dordrecht | 28-4-2007 |
| Prov. record Zeeland 15 jaar | 9:37.80 | Judith Stap | Antwerpen | 11-4-2008 |
| Prov. record Zeeland 25-29 jaar | 10:53.49 | Carmen de Ridder | Sas van Gent | 30-5-2013 |
| Prov. record Zeeland 30-34 jaar | 11:01.38 | Thérèse de Munck | Middelburg | 22-5-2001 |
| Prov. record Zeeland 18 jaar | 9:51.81 | Carmen de Ridder | Terneuzen | 23-5-2006 |
| Prov. record Zeeland 20-24 jaar | 9:39.46 | Maartje van Keulen | Sas van Gent | 25-5-2004 |
| Prov. record Zeeland 13 jaar | 9:51.98 | Judith Stap | Drachten | 30-4-2006 |
| Prov. record Zeeland 12 jaar | 10:49.11 | Romy Hoogendijk | Terneuzen | 27-5-2008 |

Limiet Jun 1: 11:24.37; Jun 2: 10:40.57; Jun 3: 10:21.62; Jgd 1: 10:13.21; Jgd 2: 10:08.17

| rang | naam | vereniging | inschrijftijd | tijd | |
|------|----------------------|---------------------|---------------|----------------|-----------------------|
| 1. | Simone de Rijcke | ZCKoewacht | 9:31.65 | 199603452 | 9:51.01 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:06.51 | 300m: 3:33.55 | 500m: 6:03.20 | 700m: 8:35.74 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:19.80 | 400m: 4:47.66 | 600m: 7:19.38 | 800m: 9:51.01 | |
| 2. | Nikita van den Ouden | ZPC De Zeeuwse Kust | 9:29.00 | 199900622 | 10:09.57 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:09.13 | 300m: 3:42.51 | 500m: 6:18.42 | 700m: 8:54.57 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:25.16 | 400m: 5:00.45 | 600m: 7:36.92 | 800m: 10:09.57 | |
| 3. | Bridget de Bat | De Schelde | 10:23.07 | 200400382 | 10:41.44 PRNJK |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:12.36 | 300m: 3:54.05 | 500m: 6:37.11 | 700m: 9:21.84 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:32.70 | 400m: 5:16.35 | 600m: 7:59.10 | 800m: 10:41.44 | |

Programmanr. 68, Dames, 800m vrije slag, all-in

| rang | naam | vereniging | inschrijftijd | tijd | |
|------|---------------------------|-------------------|---------------|----------------|----------|
| 4. | Josine van Dorsselaer | ZCKoewacht | 11:46.43 | 198801040 | 11:09.70 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:13.46 | 300m: 3:58.59 | 500m: 6:49.78 | 700m: 9:44.58 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:34.64 | 400m: 5:23.76 | 600m: 8:18.00 | 800m: 11:09.70 | |
| 5. | Isabelle Loof | SZ&PC De Bruinvis | 11:18.12 | 199706478 | 11:43.06 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:13.06 | 300m: 4:07.15 | 500m: 7:13.34 | 700m: 10:15.00 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:36.75 | 400m: 5:40.02 | 600m: 8:44.93 | 800m: 11:43.06 | |
| 6. | Demi van der Velde | De Schelde | 11:01.75 | 200302372 | 12:00.86 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:14.18 | 300m: 4:14.33 | 500m: 7:24.67 | 700m: 10:31.41 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:41.41 | 400m: 5:50.63 | 600m: 8:59.22 | 800m: 12:00.86 | |
| 7. | Ingeborg speelma Hamelink | ZCKoewacht | 13:05.34 | 197601028 | 12:32.77 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:24.08 | 300m: 4:33.33 | 500m: 7:47.61 | 700m: 10:59.86 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:57.23 | 400m: 6:10.36 | 600m: 9:25.08 | 800m: 12:32.77 | |
| 8. | Indy Kaijser | ZCKoewacht | 13:14.19 | 200301846 | 13:02.92 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:25.37 | 300m: 4:43.55 | 500m: 8:07.79 | 700m: 11:28.30 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 3:02.68 | 400m: 6:25.52 | 600m: 9:49.66 | 800m: 13:02.92 | |
| BM | Marenne Huigh | Scheldestroom | NT | 199900852 | 12:45.90 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:23.88 | 300m: 4:39.03 | 500m: 7:56.18 | 700m: 11:10.78 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 3:00.85 | 400m: 6:17.24 | 600m: 9:34.15 | 800m: 12:45.90 | |
| BM | Miriam van Noorden | De Bevelanders | NT | 199102290 | 12:05.04 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:17.51 | 300m: 4:20.18 | 500m: 7:28.47 | 700m: 10:34.89 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:47.25 | 400m: 5:53.42 | 600m: 9:01.61 | 800m: 12:05.04 | |
| BM | Marlinda Eggermont | Scheldestroom | NT | 198500804 | 11:45.43 |
| | 50m: | 250m: | 450m: | 650m: | |
| | 100m: 1:15.72 | 300m: 4:12.72 | 500m: 7:14.26 | 700m: 10:18.64 | |
| | 150m: | 350m: | 550m: | 750m: | |
| | 200m: 2:43.21 | 400m: 5:44.01 | 600m: 8:46.90 | 800m: 11:45.43 | |