

6 - Zeeuwse Lange Afstand Kampioenschappen dag 2

24-5-2012 - 19:00

Programmanr. 69 Dames, 200m vlinderslag Senioren Open
24-5-2012 - 19:00 Resultaten

Rang			Tijd	100m	200m
1.	Stephanie Rombout	198803696	SG De Zeeuwse Kust	2:41.74	1:09.58 2:41.74
2.	Evi Erpelinck	198901146	De Honte	2:44.07	1:12.14 2:44.07
3.	Romy Hoogendijk	199601258	SG De Zeeuwse Kust	2:44.61	1:15.26 2:44.61
4.	Ryan Verplanke	197700696	Scheldestroom	2:52.47	1:19.93 2:52.47
5.	Laura Reym	199500732	De Schelde	2:59.00	1:23.61 2:59.00
6.	Tessa Eijkman	199702316	De Schelde	3:02.70	1:23.80 3:02.70
7.	Rowena de Kok	199602908	SG De Zeeuwse Kust	3:14.36	1:24.98 3:14.36
8.	Daphne Wiskerke	198704704	De Bruinvis	3:19.63	1:32.77 3:19.63
9.	Rani Rootsart	199501298	Scheldestroom	3:20.04	1:27.10 3:20.04
10.	Laura Hermans	199600658	Scheldestroom	3:21.56	1:34.77 3:21.56
11.	Charissa Loof	199603550	De Schelde	3:22.83	1:31.52 3:22.83
DIS	Annelotte van Dieren	199302322	De Bevelanders	3:14.84	1:23.05 3:14.84
<i>VI - Met één hand keer- en/of eindpunt aangetikt.</i>					
NG	Esmée Siben	199603782	De Schelde		

Programmanr. 70 Heren, 400m wisselslag Senioren Open
24-5-2012 - 19:00 Resultaten

Rang			Tijd	100m	200m	300m	400m
1.	Diego De Meyer	199500463	De Bruinvis	4:52.55	1:03.43 2:21.00 3:44.36 4:52.55		
2.	Björn Scherbeijn	199600649	De Schelde	4:59.40	1:06.76 2:24.01 3:48.16 4:59.40		
3.	Simon Edenburg	199303667	De Zeeuwse Kust	5:06.82	1:07.55 2:31.15 3:56.52 5:06.82		
4.	Jonathan Davidse	199703670	De Zeeuwse Kust	5:14.18	1:08.66 2:28.80 4:02.35 5:14.18		
5.	Casper Zwier	199703855	De Zeeuwse Kust	5:27.99	1:11.39 2:40.61 4:17.38 5:27.99		
6.	Angelo De Meyer	199200660	De Bruinvis	5:31.83	1:08.90 2:41.81 4:17.90 5:31.83		
7.	Roel Dellaert	198400447	De Bruinvis	6:04.97	1:18.50 2:50.81 4:46.03 6:04.97		
8.	Norbert de Maillie	198600993	De Bruinvis	6:13.76	1:30.23 3:03.03 4:49.62 6:13.76		
9.	Thijmen van de Beek	199902075	De Bewacht	6:33.21	1:36.80 3:23.99 5:08.09 6:33.21		
10.	Rick de Block	200002499	De Honte	6:52.61	1:41.93 3:27.72 5:23.83 6:52.61		
AFGEM	Niek de Ridder	198803619	De Zeeuwse Kust				
AFGEM	Cees van Houwelingen	196300653	De Schelde				
NG	Alex Eversdijk	199000647	De Bruinvis				
BM	Sven Ivens	199300665	De Bruinvis	6:16.00	1:19.36 2:52.36 4:52.18 6:16.00		

Programmanr. 71 Dames, 1500m vrije slag Senioren Open
24-5-2012 - 19:21 Resultaten

Rang			In.tijd	Tijd
1.	Romy Hoogendijk	SG De Zeeuwse Kust	19:40.34	199601258 19:40.29
	100m: 1:09.21 1:09.21	500m: 6:23.86 1:19.44	900m: 11:42.95 1:20.16	1300m: 17:03.72 1:19.89
	200m: 2:27.14 1:17.93	600m: 7:43.43 1:19.57	1000m: 13:02.89 1:19.94	1400m: 18:23.36 1:19.64
	300m: 3:45.64 1:18.50	700m: 9:03.27 1:19.84	1100m: 14:23.37 1:20.48	1500m: 19:40.29 1:16.93
	400m: 5:04.42 1:18.78	800m: 10:22.79 1:19.52	1200m: 15:43.83 1:20.46	
2.	Stephanie Rombout	SG De Zeeuwse Kust	19:37.71	198803696 20:18.71
	100m: 1:12.34 1:12.34	500m: 6:35.31 1:22.03	900m: 11:59.95 1:22.28	1300m: 17:32.29 1:22.98
	200m: 2:31.77 1:19.43	600m: 7:55.91 1:20.60	1000m: 13:23.89 1:23.94	1400m: 18:56.97 1:24.68
	300m: 3:52.19 1:20.42	700m: 9:17.17 1:21.26	1100m: 14:46.61 1:22.72	1500m: 20:18.71 1:21.74
	400m: 5:13.28 1:21.09	800m: 10:37.67 1:20.50	1200m: 16:09.31 1:22.70	

Programmanr. 71, Dames, 1500m vrije slag, Senioren Open

Rang			In.tijd				Tijd			
3.	Larissa Jansen		De Bevelanders				20:35.92	199500660	21:14.13	
	100m:	1:16.31 1:16.31	500m:	6:56.53 1:26.77	900m:	12:40.01 1:26.79	1300m:	18:24.68 1:25.74		
	200m:	2:40.20 1:23.89	600m:	8:22.92 1:26.39	1000m:	14:06.38 1:26.37	1400m:	19:50.66 1:25.98		
	300m:	4:04.43 1:24.23	700m:	9:48.13 1:25.21	1100m:	15:33.14 1:26.76	1500m:	21:14.13 1:23.47		
	400m:	5:29.76 1:25.33	800m:	11:13.22 1:25.09	1200m:	16:58.94 1:25.80				
4.	Marlinda Eggermont		Scheldestroom				21:15.41	198500804	21:33.35	
	100m:	1:18.20 1:18.20	500m:	7:02.87 1:26.55	900m:	12:51.93 1:27.76	1300m:	18:41.63 1:27.71		
	200m:	2:43.91 1:25.71	600m:	8:29.68 1:26.81	1000m:	14:19.11 1:27.18	1400m:	20:08.21 1:26.58		
	300m:	4:09.86 1:25.95	700m:	9:56.66 1:26.98	1100m:	15:46.16 1:27.05	1500m:	21:33.35 1:25.14		
	400m:	5:36.32 1:26.46	800m:	11:24.17 1:27.51	1200m:	17:13.92 1:27.76				
5.	Mette Wagenvoort		De Bevelanders				22:17.00	199702532	22:13.76	
	100m:	1:18.60 1:18.60	500m:	7:14.74 1:29.06	900m:	13:19.56 1:30.78	1300m:	19:18.34 1:28.84		
	200m:	2:45.29 1:26.69	600m:	8:44.22 1:29.48	1000m:	14:51.18 1:31.62	1400m:	20:48.04 1:29.70		
	300m:	4:13.93 1:28.64	700m:	10:15.96 1:31.74	1100m:	16:21.05 1:29.87	1500m:	22:13.76 1:25.72		
	400m:	5:45.68 1:31.75	800m:	11:48.78 1:32.82	1200m:	17:49.50 1:28.45				
6.	Laura Hermans		Scheldestroom				23:18.37	199600658	23:39.99	
	100m:	1:24.48 1:24.48	500m:	7:46.78 1:36.77	900m:	14:14.78 1:37.57	1300m:	20:36.82 1:37.03		
	200m:	2:57.18 1:32.70	600m:	9:24.62 1:37.84	1000m:	15:46.78 1:32.00	1400m:	22:11.47 1:34.65		
	300m:	4:32.68 1:35.50	700m:	11:00.74 1:36.12	1100m:	17:22.41 1:35.63	1500m:	23:39.99 1:28.52		
	400m:	6:10.01 1:37.33	800m:	12:37.21 1:36.47	1200m:	18:59.79 1:37.38				
7.	Daphne Wiskerke		De Bruinvis				23:55.00	198704704	24:59.01	
	100m:	1:28.69 1:28.69	500m:	8:18.87 1:43.58	900m:	15:04.63 1:40.76	1300m:	21:44.69 1:39.47		
	200m:	3:09.47 1:40.78	600m:	10:00.68 1:41.81	1000m:	16:45.11 1:40.48	1400m:	23:23.98 1:39.29		
	300m:	4:52.52 1:43.05	700m:	11:42.41 1:41.73	1100m:	18:25.44 1:40.33	1500m:	24:59.01 1:35.03		
	400m:	6:35.29 1:42.77	800m:	13:23.87 1:41.46	1200m:	20:05.22 1:39.78				
DIS	Céline Brink		SG De Zeeuwse Kust				NT	200001836		
	<i>VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel. (geen tijd noteren)</i>									
	100m:		500m:		900m:		1300m:			
	200m:		600m:		1000m:		1400m:			
	300m:		700m:		1100m:		1500m:			
	400m:		800m:		1200m:					
AFGEM	Britt Wolterman		SG De Zeeuwse Kust				23:11.90	199503840		
BM	Simone de Rijcke		ZCKoewacht				NT	199603452	20:26.80	
	100m:	1:13.93 1:13.93	500m:	6:46.15 1:24.19	900m:	12:17.54 1:23.08	1300m:	17:49.07 1:22.01		
	200m:	2:34.82 1:20.89	600m:	8:09.01 1:22.86	1000m:	13:40.29 1:22.75	1400m:	19:10.50 1:21.43		
	300m:	3:58.12 1:23.30	700m:	9:31.88 1:22.87	1100m:	15:03.32 1:23.03	1500m:	20:26.80 1:16.30		
	400m:	5:21.96 1:23.84	800m:	10:54.46 1:22.58	1200m:	16:27.06 1:23.74				
BM	Manon Kloosterman		De Bevelanders				25:00.00	199702082	20:45.83	
	100m:	1:13.62 1:13.62	500m:	6:49.28 1:24.78	900m:	12:28.24 1:24.62	1300m:	18:05.06 1:23.42		
	200m:	2:36.44 1:22.82	600m:	8:14.60 1:25.32	1000m:	13:52.96 1:24.72	1400m:	19:27.52 1:22.46		
	300m:	4:00.48 1:24.04	700m:	9:38.98 1:24.38	1100m:	15:17.47 1:24.51	1500m:	20:45.83 1:18.31		
	400m:	5:24.50 1:24.02	800m:	11:03.62 1:24.64	1200m:	16:41.64 1:24.17				
BM	Evi Erpelinck		De Honte				NT	198901146	21:18.50	
	100m:	1:15.90 1:15.90	500m:	6:56.00 1:26.46	900m:	12:44.08 1:29.72	1300m:	18:34.13 1:24.84		
	200m:	2:39.18 1:23.28	600m:	8:22.73 1:26.73	1000m:	14:16.52 1:32.44	1400m:	19:58.07 1:23.94		
	300m:	4:03.58 1:24.40	700m:	9:47.87 1:25.14	1100m:	15:43.27 1:26.75	1500m:	21:18.50 1:20.43		
	400m:	5:29.54 1:25.96	800m:	11:14.36 1:26.49	1200m:	17:09.29 1:26.02				
BM	Ryan Verplanke		Scheldestroom				NT	197700696	22:33.79	
	100m:	1:21.43 1:21.43	500m:	7:23.48 1:30.48	900m:	13:27.95 1:31.29	1300m:	19:33.14 1:30.75		
	200m:	2:52.05 1:30.62	600m:	8:54.40 1:30.92	1000m:	14:59.60 1:31.65	1400m:	21:04.49 1:31.35		
	300m:	4:22.75 1:30.70	700m:	10:25.81 1:31.41	1100m:	16:30.75 1:31.15	1500m:	22:33.79 1:29.30		
	400m:	5:53.00 1:30.25	800m:	11:56.66 1:30.85	1200m:	18:02.39 1:31.64				

Programmanr. 72
24-5-2012 - 20:11

Heren, 800m vrije slag

Senioren Open
Resultaten

Rang							In.tijd				Tijd	
1.	Casper Zwier						9:13.89	199701355				9:07.46
	100m:	1:01.36	1:01.36	300m:	3:20.05	1:10.02	500m:	5:40.22	1:10.11	700m:	7:59.72	1:09.77
	200m:	2:10.03	1:08.67	400m:	4:30.11	1:10.06	600m:	6:49.95	1:09.73	800m:	9:07.46	1:07.74
2.	Björn Scherbeijn						9:20.18	199600349				9:15.62
	100m:	1:02.97	1:02.97	300m:	3:21.39	1:10.02	500m:	5:41.38	1:10.18	700m:	8:03.60	1:11.68
	200m:	2:11.37	1:08.40	400m:	4:31.20	1:09.81	600m:	6:51.92	1:10.54	800m:	9:15.62	1:12.02
3.	Jonathan Davidse						10:41.47	199702473				9:43.62
	100m:	1:05.00	1:05.00	300m:	3:33.19	1:14.86	500m:	6:03.59	1:15.12	700m:	8:33.51	1:14.50
	200m:	2:18.33	1:13.33	400m:	4:48.47	1:15.28	600m:	7:19.01	1:15.42	800m:	9:43.62	1:10.11
4.	Angelo De Meyer						9:39.18	199203501				9:53.12
	100m:	1:06.81	1:06.81	300m:	3:38.15	1:16.36	500m:	6:11.47	1:15.87	700m:	8:41.60	1:14.23
	200m:	2:21.79	1:14.98	400m:	4:55.60	1:17.45	600m:	7:27.37	1:15.90	800m:	9:53.12	1:11.52
5.	Jan Brink						9:55.46	196200091				10:24.25
	100m:	1:10.20	1:10.20	300m:	3:45.39	1:17.89	500m:	6:24.56	1:20.29	700m:	9:05.65	1:20.78
	200m:	2:27.50	1:17.30	400m:	5:04.27	1:18.88	600m:	7:44.87	1:20.31	800m:	10:24.25	1:18.60
6.	Arco Wagenvoort						9:55.89	196500989				10:32.48
	100m:	1:10.84	1:10.84	300m:	3:47.53	1:18.66	500m:	6:27.66	1:20.05	700m:	9:11.87	1:21.83
	200m:	2:28.87	1:18.03	400m:	5:07.61	1:20.08	600m:	7:50.04	1:22.38	800m:	10:32.48	1:20.61
7.	Vincent Keijmel						10:27.48	199101169				10:45.34
	100m:	1:11.12	1:11.12	300m:	3:55.99	1:23.48	500m:	6:41.38	1:22.88	700m:	9:25.90	1:21.36
	200m:	2:32.51	1:21.39	400m:	5:18.50	1:22.51	600m:	8:04.54	1:23.16	800m:	10:45.34	1:19.44
8.	Nicky Josse						10:25.00	199600789				10:45.80
	100m:	1:10.86	1:10.86	300m:	3:53.22	1:22.23	500m:	6:39.56	1:23.49	700m:	9:26.01	1:22.73
	200m:	2:30.99	1:20.13	400m:	5:16.07	1:22.85	600m:	8:03.28	1:23.72	800m:	10:45.80	1:19.79
9.	Ruden de Ridder						10:59.55	200001587				11:09.45
	100m:	1:20.18	1:20.18	300m:	4:12.67	1:25.99	500m:	7:03.55	1:25.41	700m:	9:50.76	1:23.63
	200m:	2:46.68	1:26.50	400m:	5:38.14	1:25.47	600m:	8:27.13	1:23.58	800m:	11:09.45	1:18.69
10.	Norbert de Maillie						10:58.89	198601997				11:31.40
	100m:	1:13.85	1:13.85	300m:	4:06.86	1:27.50	500m:	7:07.15	1:29.64	700m:	10:05.43	1:28.08
	200m:	2:39.36	1:25.51	400m:	5:37.51	1:30.65	600m:	8:37.35	1:30.20	800m:	11:31.40	1:25.97
11.	Maarten van Kalsbeek						11:19.82	199403973				11:33.24
	100m:	1:13.70	1:13.70	300m:	4:07.09	1:28.32	500m:	7:08.24	1:30.67	700m:	10:08.71	1:29.80
	200m:	2:38.77	1:25.07	400m:	5:37.57	1:30.48	600m:	8:38.91	1:30.67	800m:	11:33.24	1:24.53
12.	Bas Raes						11:20.50	199504975				11:46.17
	100m:	1:18.10	1:18.10	300m:	4:16.17	1:29.63	500m:	7:16.45	1:29.96	700m:	10:18.40	1:29.92
	200m:	2:46.54	1:28.44	400m:	5:46.49	1:30.32	600m:	8:48.48	1:32.03	800m:	11:46.17	1:27.77
AFGEM	Cees van Houweligen						10:25.29	196300351				