

Uitslag overzicht Korte baan (25m)

| Achternaam, Voornaam     | Gbjr | Afstand/zwemslag         | Pl.      | Tijd                     | Ronde | oude PR. | Versch.  |
|--------------------------|------|--------------------------|----------|--------------------------|-------|----------|----------|
| Roderick van Doeselaar   | 92 : | 200 vlinderslag          | <b>2</b> | 2:24.36                  |       | 2:15.26  | 88%      |
|                          |      | 100 wisselslag           | 7        | 1:02.05                  |       | 1:01.58  | 98%      |
| Jeroen Hertogh           | 73 : | 100 schoolslag           | 12       | 1:33.40                  |       | 1:32.01  | 97%      |
| Bianca Hertogh - Buijsse | 74 : | 50 vrije slag            | Est.     | 33.80                    |       | 34.25    | 103% PR. |
|                          |      | 100 rugslag              | 5        | 1:26.49                  |       | 1:27.54  | 102% PR. |
|                          |      | 50 schoolslag            | 4        | 43.21                    |       | 43.87    | 103% PR. |
|                          |      | 100 schoolslag           | 6        | 1:33.56                  |       | 1:35.83  | 105% PR. |
|                          |      | 100 wisselslag           | 5        | 1:23.92                  |       | 1:26.87  | 107% PR. |
| Martinique Jansen        | 80 : | 100 wisselslag           | 9        | 1:29.60                  |       | 1:21.86  | 83%      |
| Imke van der Meer        | 69 : | 100 vrije slag           | 20       | 1:23.55                  |       | 1:18.42  | 88%      |
|                          |      | 400 vrije slag           | 10       | 6:34.44                  |       | 6:05.94  | 86%      |
|                          |      | 200 wisselslag           | 11       | 3:31.87                  |       | 3:26.04  | 95%      |
| Thérèse de Munck         | 71 : | 200 vrije slag           | 13       | 2:46.27                  |       | 2:39.44  | 92%      |
|                          |      | 50 rugslag               | Est.     | 39.96                    |       | 38.95    | 95%      |
|                          |      | 50 rugslag               | 8        | 40.25                    |       | 38.95    | 94%      |
| Caroline van Tiggelen    | 83 : | 100 vrije slag           | <b>3</b> | 1:06.59                  |       | 1:06.38  | 99%      |
|                          |      | 50 rugslag               | 5        | 35.20                    |       | 35.42    | 101% PR. |
|                          |      | 50 schoolslag            | <b>1</b> | 36.76                    |       | 36.56    | 99%      |
|                          |      | 100 schoolslag           | <b>2</b> | 1:20.29                  |       | 1:19.34  | 98%      |
|                          |      | 200 schoolslag           | <b>2</b> | 2:55.05                  |       | 2:55.26  | 100% PR. |
|                          |      | 100 vlinderslag          | 6        | 1:15.46                  |       | 1:14.72  | 98%      |
| Dorien Vasseur           | 87 : | 200 vrije slag           | 14       | 2:54.21                  |       | 2:56.47  | 103% PR. |
|                          |      | 400 vrije slag           | 9        | 6:19.63                  |       | 6:12.29  | 96%      |
|                          |      | 1500 vrije slag          | 6        | 24:34.59                 |       | --       | PR.      |
|                          |      | 200 rugslag              | 8        | 3:12.22                  |       | 3:08.73  | 96%      |
| Evelyn Verplanke         | 81 : | 100 rugslag              | 4        | 1:25.63                  |       | 1:15.65  | 78%      |
| Ryan Verplanke           | 77 : | 50 schoolslag            | <b>1</b> | 36.97                    |       | 33.49    | 82%      |
|                          |      | 200 schoolslag           | <b>1</b> | 2:58.24                  |       | 2:42.83  | 83%      |
|                          |      | 50 vlinderslag           | <b>2</b> | 31.37                    |       | 29.43    | 88%      |
|                          |      | 100 vlinderslag          | <b>2</b> | 1:13.13                  |       | 1:05.80  | 81%      |
| Tonny Vinke              | 67 : | 200 vrije slag           | 10       | 2:42.93                  |       | 2:37.55  | 94%      |
|                          |      | 50 rugslag               | Est.     | 36.60                    |       | 34.51    | 89%      |
|                          |      | 100 wisselslag           | 18       | 1:22.57                  |       | 1:19.34  | 92%      |
| Maarten van der Zwan     | 75 : | 50 schoolslag            | <b>3</b> | 31.42                    |       | 31.11    | 98%      |
|                          |      | 100 schoolslag           | <b>2</b> | 1:09.72                  |       | 1:08.74  | 97%      |
|                          |      | 200 schoolslag           | <b>3</b> | 2:37.92                  |       | 2:36.32  | 98%      |
|                          |      | 100 vlinderslag          | <b>2</b> | 1:05.55                  |       | 1:05.87  | 101% PR. |
|                          |      | 200 wisselslag           | <b>2</b> | 2:27.73                  |       | 2:29.33  | 102% PR. |
|                          |      | 100 wisselslag           | <b>2</b> | 1:05.71                  |       | 1:06.47  | 102% PR. |
| 4 x 50 vrije slag Dames  | :    | Bianca Hertogh - Buijsse | 74       | Ryan Verplanke           | 77    | 4        | 2:09.61  |
|                          |      | Dorien Vasseur           | 87       | Caroline van Tiggelen    | 83    |          |          |
| 4 x 50 wisselslag Heren  | :    | Tonny Vinke              | 67       | Roderick van Doeselaar   | 92    | <b>3</b> | 2:12.22  |
|                          |      | Jeroen Hertogh           | 73       | Maarten van der Zwan     | 75    |          |          |
| 4 x 50 wisselslag Dames  | :    | Thérèse de Munck         | 71       | Bianca Hertogh - Buijsse | 74    | <b>2</b> | 2:28.52  |
|                          |      | Caroline van Tiggelen    | 83       | Martinique Jansen        | 80    |          |          |

Totaal 39 persoonlijke uitslag, Gemiddelde prestatie: 95,2%

0 nieuw(e) record(s), 12 nieuw(e) persoonlijke record(s)

Grootste verbetering: Bianca Hertogh - Buijsse, 100 wisselslag 1:23.92