

zaterdag 1 januari 2022 - woensdag 1 januari 2025

Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Jeroen Aerssens	6-3-2001	25m	25.52				28.41	1:04.22		30.06	1:04.06	2:23.47	33.20	1:12.18		1:05.10			
Demi van Akkeren	10-2-2014	25m	1:24.13							1:21.16			1:14.40						
Lisa Baecke	21-1-2015	25m	56.44	2:09.93			1:05.43			57.36			1:06.81			2:12.78			
Miel Baecke	12-11-2015	25m	45.26	1:47.54			1:08.96			1:03.78			53.34			2:00.78			
Julian Basting	30-8-2014	50m 25m	1:05.19 42.82	1:36.73			1:12.52			59.19 50.78			1:08.15 56.63			1:58.67			
Alizée Beeke	6-2-2013	25m	43.02	1:36.87	3:28.52		54.24	2:01.26		51.36	1:44.14		53.54	1:53.57		1:49.40	3:45.48		
Bas Bekaert	17-1-2011	25m	35.26	1:25.93	3:05.44		1:06.97			40.82			57.93	2:10.63					
Cynthia van Beusekom	13-9-1995	25m	29.08	1:04.71	2:18.98	5:28.02	31.40	1:17.13		33.18	1:09.58	2:38.73				1:11.38	2:44.80		
Carice de Blaeij	29-7-2016	25m	1:00.48	2:16.87			1:10.64						1:02.57			2:13.50			
Iris de Blaeij	4-4-2011	50m 25m	35.31 37.68	1:29.49	3:49.98		44.64	1:59.90		48.90 45.58	1:38.85 1:29.93		46.98 44.21	1:43.73 1:33.59	3:29.62 3:33.14	1:35.17	3:18.82		
Sander de Blaeij	22-6-2009	50m 25m	32.79 31.14	1:09.82 1:06.64	2:51.78 2:43.53	5:55.38 5:39.62	36.09 34.83	1:28.33 1:24.91		38.58 36.97	1:18.07		43.28 40.15	1:31.37 1:28.85	3:18.83	1:18.30	2:59.40		
Dieter Bonte	28-6-2012	25m	50.53	2:06.52	4:37.70		1:02.47			55.18	2:09.21		1:06.69			2:02.27	6:06.84		
Jolien Bonte	2-7-2013	25m	52.42	2:09.85	4:42.41		1:15.09			50.20	1:51.27		1:10.27			2:08.38			
Joleen Bouw	9-5-2015																		
Steven Bouw	5-1-2010	50m 25m	53.50 43.08	1:38.99			54.40			57.69 46.80	1:57.89 1:46.78		48.60	1:47.98	4:03.50	1:59.38	3:56.76		
Elise van de Broecke	21-9-2012	25m	49.31	1:46.94			1:08.93			1:00.50	2:06.88		55.50	2:06.81			4:31.82		
Joanna van de Broecke	21-9-2012	25m	53.81	2:07.19			1:04.92			1:01.63			1:02.22	2:13.11			4:44.92		
Kris van den Broecke	21-4-2014	25m	58.45	2:05.50						1:00.80			1:03.84						
Tygo Brokken	2-9-2013	25m	50.83	1:56.21	4:11.23		1:05.17	2:43.18		54.59	2:05.45		1:01.78	2:13.21		2:07.30	4:25.90		
Krijn Brugge	14-8-2013	25m	1:03.93	2:14.50	5:11.99		1:30.94	3:26.93		1:02.13	2:14.74		1:09.87	2:26.00		2:39.40	5:39.37		
Daniël de Bruyne	4-1-2010	25m	39.83	1:30.54	3:04.77		47.44	1:47.31		47.80	1:37.17		47.40	1:53.79		1:36.42	3:21.31		
Florian de Bruyne	5-12-2011	50m 25m	50.23 44.65	1:50.03 1:36.62	3:45.37 3:31.59		52.78	2:05.75		51.72	1:48.41		54.21 50.03	1:58.25 1:48.96	4:11.28	1:51.78	3:58.81		
Meike Cocquyt	24-1-2017																		
Siem Cocquyt	13-1-2015	25m	42.83	1:35.77			1:02.63			49.83			58.04			1:50.92			
Stan De Saedeleer	17-6-2013	25m	1:12.35							1:12.25			1:11.51						
Mieke Dees	27-5-2011	50m 25m	36.32 36.99	1:24.35 1:26.06	3:04.35 3:18.58		45.67 43.89			50.12 45.11	1:50.27 1:47.25		44.80 46.38	1:44.24 1:39.97	3:41.80 3:48.80	1:38.94	3:34.00 3:22.48		
Mylan Dees	4-11-2009	50m 25m	36.47 31.77	1:15.77 1:10.83	2:55.66 2:46.26	6:08.33	43.20 37.56	1:32.91		43.39 37.14	1:28.60 1:21.51	3:07.98 3:01.71	41.79	1:39.61 1:29.85	3:19.17	1:22.83	3:08.17 2:56.40	6:21.75	
Colin Dekkers	22-9-2004	50m 25m	33.70 31.95	1:16.05 1:12.97			36.09 34.54	1:26.95 1:20.59		39.85 37.88	1:26.73 1:21.81	3:04.11	40.58 38.42	1:29.62 1:24.69	3:13.25 3:09.95	1:19.64			
Robin Dellaert	21-3-1988	25m	29.37	1:07.11			31.23	1:15.13		37.27	1:21.41		37.86	1:25.13		1:14.25	2:50.27		
Carlijn Dezutter	14-5-2011	50m 25m	31.42 31.80	1:08.13 1:10.50	2:29.60 2:23.66	5:22.59 5:15.64	11:38.82	35.40 37.30	1:23.39 1:22.04	3:13.89 3:22.92	38.46 37.68	1:19.54 1:22.31	2:51.51 2:56.95	43.24 42.07	1:30.94 1:27.95	3:14.19 3:11.71	1:21.22	2:51.92 2:49.36	6:07.20 6:05.26
Pjotr Dezutter	18-8-2013	50m 25m	38.71 37.56	1:22.47 1:22.33	2:54.51	6:32.36	42.08 41.36	1:38.69		44.36 44.85	1:39.41 1:31.81		54.57 52.34	1:48.82		1:35.49	3:31.78 3:13.72		
Féline Doens	27-10-2014	25m	50.61	1:53.39			1:02.30			54.89			1:02.03			2:02.34			
Maud Doens	6-1-2011	50m 25m	34.95 37.60	1:20.86 1:21.39	2:54.05 3:14.50	6:37.17 6:39.61	14:38.07	41.49 42.14	1:42.38	41.03 43.12	1:29.49 1:33.18	3:33.93	41.07 42.99	1:34.05 1:34.00	3:19.64 3:24.30	1:33.17	3:07.50 3:09.66		

Pers. records

Naam, voornaam	Geb.dat.		50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Roderick van Doeselaar	30-3-1992	50m 25m	27.12 26.31	58.86 57.27	2:15.61 2:09.94	5:01.20 4:49.82	20:28.51	28.57 27.59	1:07.52 1:03.34		31.47 29.87	1:08.95 1:03.55	2:37.04 2:27.85	35.91 34.16	1:15.07	2:48.81	1:04.22	2:33.93 2:26.13	5:28.16 5:19.98
Marieke van Elst	12-11-2005	25m	32.75	1:14.84				38.79			39.18	1:26.09	3:04.73	44.25			1:25.26		
Djoly Eversdijk	20-8-2014	25m	52.79	1:58.21				1:12.20			52.76			57.18			2:11.44		
Jasmine de Feijter	6-10-2009	25m	39.41	1:29.91	3:38.99			42.56	1:50.23		45.07	1:39.50		47.94	1:50.31		1:42.22	3:35.33	
Dylan Fermont	28-12-2002	50m 25m	29.11 29.11	1:08.25				32.30 30.67	1:09.52		32.61	1:13.69	3:02.87	34.93	1:17.96	2:49.36	1:14.33		5:55.46
Carlo Fieret	18-11-1997	50m 25m	29.74 28.76	1:09.58 1:06.91				33.77			35.62	1:15.54		38.46 36.37	1:25.87		1:15.29		
Lauren Frijhoff	19-6-2016	25m	1:14.60								1:10.18			1:30.40					
Lieke Frijhoff	17-4-2011	50m 25m	45.47 42.17	1:36.49				51.57			55.91 53.28	2:00.29 2:01.27		1:01.13 51.73	2:12.81 1:58.32		1:47.10	4:02.88	
Marit Gerritsen	29-12-2010	25m	47.67	1:48.16	3:51.15			57.60			58.00	2:03.30		56.96	2:05.69		2:25.02	4:08.88	
Maud Ghijs	23-5-2007	25m	33.78	1:17.62	2:53.85			37.45	1:35.71		39.70	1:25.91		41.32	1:31.00		1:23.78	3:17.24	6:48.48
Damiën Grahame	19-8-2013	25m	49.59	2:07.41	4:29.42			1:06.96	2:41.18		1:05.67	2:26.81		1:03.82	2:22.93		2:16.50	4:48.15	
Livia Grahame	25-5-2017																		
Carice van Grol	20-10-2013	25m	42.78	1:39.84	3:34.84			56.61	2:07.36		55.62	1:57.70		54.57	1:55.29		1:57.48	4:03.20	
James van Grol	24-2-2017																		
Fenna Hamelink	24-8-2016																		
Vanja Hamelink	2-11-2014	25m	1:07.52								1:04.96			1:16.76					
Jesslyn Hanitsch	9-1-2015																		
Laura Hermans	5-4-1996	25m	32.82	1:11.01	2:39.45			36.14	1:22.46		40.06	1:25.18	3:01.10	40.74	1:29.88		1:20.37	3:02.00	
Lotte Hermans	29-4-2014	25m	43.62	1:39.05				59.71			51.63			1:00.61			1:52.22		
Tomas Hertogh	30-3-2005	50m 25m	26.43 25.93	1:00.22 56.38	2:20.18	4:54.09		27.25 26.61	1:04.05 1:01.26	2:35.94 2:27.64	33.43 30.81	1:10.30 1:04.96	2:44.37 2:29.49	35.15 33.17	1:19.09 1:14.09	2:54.87 2:44.11	1:04.10	2:27.54 2:21.79	5:28.57
Bianca Hertogh - Buijsse	21-8-1974	50m 25m	33.69 33.69	1:18.40	3:00.24			38.14 37.02	1:28.07		41.47 39.93	1:32.35 1:29.58	3:27.73 3:19.04	47.60 44.45	1:40.65 1:36.52	3:40.03 3:31.38	1:27.02	3:20.14 3:16.29	
Esmee van den Hout	20-12-2005	50m 25m	35.26 32.91	1:15.92 1:10.57	2:44.31 2:35.97	5:41.64	12:01.56	37.20 34.36	1:23.76 1:18.39	3:09.30 2:58.96	39.43	1:22.63	3:06.49	39.24 38.73	1:26.44 1:23.27	3:06.76 2:57.05	1:17.73	2:56.58 2:49.05	6:12.49 6:02.32
Marenne Huigh	11-4-1999	50m 25m	32.92 31.57	1:12.25 1:09.72	2:40.77 2:39.25	5:48.84 5:30.42	12:17.12 11:32.64	38.87 36.34	1:36.89 1:28.07	3:28.32 3:23.48	41.65 37.12	1:25.77 1:21.15	3:09.02 2:55.73	41.61 39.98	1:36.92 1:28.61	3:28.05 3:17.75	1:19.47	3:02.59 2:59.26	6:43.17 6:19.85
Marit van Hulle	20-8-2010	50m 25m	36.28 34.26	1:16.27 1:15.09	2:48.89	6:16.17		37.83 38.81	1:29.93		37.84 39.44	1:24.81 1:21.42		44.78 42.81	1:36.38 1:32.30		1:39.40	3:03.78 2:58.28	
Martiniqve Jansen	27-2-1980	50m 25m	37.18 35.63	1:27.97 1:17.70	3:02.14 2:52.47	6:11.14		40.10	1:35.86		44.66	1:34.26	3:22.40	45.54	1:39.64		1:30.12	3:15.79	
Mike de Jonge	9-6-2009	50m 25m	35.84 34.93	1:15.36	2:51.30			37.33 36.25	1:37.34 1:25.04	3:38.68 3:28.29	42.05	1:26.05		43.58 41.51	1:36.30 1:32.14	3:33.36 3:19.30	1:24.66	3:11.47 3:03.20	6:54.28
Vincent Keijmel	26-7-1991	25m	29.97	1:06.22				34.83	1:21.86		35.57	1:16.85		39.75			1:16.39		
Mats van Langevelde	7-6-2014	50m 25m	43.10 42.40	1:38.49 1:36.45				59.21			53.14 48.78	1:53.96		54.24 53.58	1:56.97		1:50.87		
Milan van Langevelde	27-5-2011	50m 25m	32.99 33.47	1:14.27 1:16.10	2:54.18 3:03.28	6:25.30		35.69 37.49	1:31.86 1:40.76		35.90 38.69	1:22.58 1:26.24	3:18.86	44.93 44.00	1:35.54 1:36.19	3:33.34	1:34.75	3:05.67 3:04.68	
Milou van Langevelde	1-11-2016	25m	1:03.53								1:09.68			1:10.72					
Matthijs van Liere	14-3-2006	25m	26.19	57.71	2:10.68	4:57.27		28.01	1:06.54		31.57	1:12.07	2:32.38	34.05	1:16.55		1:07.10	2:33.56	5:36.39
Jules de Limelette	9-11-2012	25m	43.70	1:49.52				1:04.23			47.26	1:39.68		59.04	2:08.98			4:28.52	
Thérèse de Munck	27-3-1971	25m	34.70	1:14.70	2:51.78	6:01.28		40.09			41.54	1:27.92		48.42			1:32.55		
Lizzy de Neve	4-6-2011	25m	50.52	1:56.26				59.19			54.16			50.93	1:54.52				
Miriam van Noorden	30-9-1991	25m	29.78	1:06.69				33.43	1:17.02		34.03	1:15.31		41.26			1:15.83		

Pers. records

Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Tessa van Noordennen	29-4-2016	25m	1:17.53							1:03.83			1:14.50						
Guusje van Oirschot	11-12-2011	50m 25m	35.10 36.22	1:19.31 1:18.42	2:56.03 3:02.72	6:10.95 6:13.53	13:11.63	43.56 42.73	1:45.83 1:43.23	40.74 39.54	1:29.48 1:29.73	3:16.70	44.58 44.51	1:34.00 1:34.90	3:38.12 3:32.05	1:31.69	3:16.30 3:10.52		
Dylan Pijcke	21-6-2012	25m	1:04.57					1:17.39		59.84			1:16.67			2:45.81			
Sam Pijcke	1-10-2015	25m	1:19.13							1:14.89			1:15.03						
Luca de Poorter	30-3-2010	25m	36.38	1:21.40	3:20.10	6:51.87		40.09	1:48.85	39.73	1:30.88		46.56	1:40.65		1:40.67	3:24.79		
Thomas Rijks	27-1-2013	25m	56.56	1:59.96	4:10.86			1:40.06	3:31.24	58.63	2:02.00		1:11.29	2:15.98		2:34.33	5:29.14		
Karsten Roelans	26-3-2008	25m	30.38	1:06.43	2:29.06			36.74	1:28.02	36.64	1:28.25	3:01.21	40.17	1:26.21	3:16.14	1:17.91	2:47.00		
Pauline Rootsart	8-3-1992	25m	31.56	1:12.62				40.22	1:37.78	40.01	1:26.47	3:11.95	43.53	1:41.51		1:26.67			
Anne Salomé	1-1-2007	50m 25m	31.88 30.69	1:08.77	2:37.41	5:32.32	11:24.91	32.01 31.45	1:16.51 1:12.21	37.43 33.61	1:18.54 1:15.77	2:52.90 2:43.35	38.85 37.92	1:26.32 1:22.54	3:08.68 2:56.69	1:14.38	3:08.92 2:55.20	5:53.18	
Lotte Salomé	4-10-2009	50m 25m	33.70 33.70	1:20.37	3:08.25			38.85	1:45.62	36.14 35.61	1:29.35 1:24.80	3:02.03	42.06 42.89	1:37.53 1:33.77	3:32.75	1:26.02	3:06.57		
Thijs Salomé	23-5-1977	50m 25m	32.20 29.35	1:10.24 1:07.04	2:39.19 2:41.98	5:37.44		31.29	1:14.67	34.35	1:16.33	3:00.39	39.41	1:28.84		1:14.92	2:54.53		
Arjen Scheele	6-2-2002	25m	29.92	1:03.55				33.60	1:15.28	35.90	1:14.50	2:41.83	34.88	1:15.43	2:45.39	1:11.28			
Marnix Scheele	23-8-2001	25m	26.49	58.87	2:13.15			29.82	1:03.81	2:36.65	31.50	1:07.11	2:26.99	38.64		1:07.38	2:30.86		
Pauline Scheele	24-9-1999	50m 25m	35.10 33.78	1:26.79 1:20.29	3:02.11 2:57.02			37.96 37.44	1:26.66	45.81 41.08	1:32.70 1:26.40	3:14.78 3:08.19	43.16	1:38.06	3:37.42	1:27.44	3:20.72		
Ayden Schepens	27-5-2011	25m	52.80	1:55.16				1:05.47		55.32	1:57.48		54.66	1:57.45					
Jasmijn Schepens	19-6-2013	25m	50.66	1:49.21	3:51.31			1:07.84	2:27.36	55.25	1:51.68		1:07.58	2:17.95		2:09.71	4:47.58		
Lisa Scherbeijn	20-9-2011	50m 25m	40.26 41.50	1:29.37 1:30.10	3:10.61 3:20.05			52.29 52.11	2:02.90	51.59	1:57.10		48.24 48.28	1:43.50 1:44.66	3:46.25 3:53.90	1:46.59	3:34.06		
Lotte Scherbeijn	20-5-2014	50m 25m	49.52 46.20	1:50.86				1:03.03		53.28 52.22			1:04.63 1:02.82			1:59.81			
Floor Schol	25-7-2013	25m	50.17	1:50.73	4:05.82			1:02.65	2:16.86	55.97	1:55.88		56.14	1:58.32		2:05.99	4:14.76		
Annemarte Sikaet	7-4-2007	25m	32.62	1:21.92	2:53.08			42.12		40.38	1:28.81		45.12						
Lieke de Smet	25-6-2011	50m 25m	42.79 41.83	1:45.80	3:45.34			49.73	2:03.79	52.66 49.48	1:49.25 2:01.92		58.48 51.06	2:06.38 1:52.68		1:55.74	4:16.37		
Caroline van Tiggelen	5-8-1983	25m	32.48					36.73		38.72			39.93	1:27.72		1:19.27	3:01.64		
Tim Totté	7-12-1995	25m	27.73	1:01.78	2:23.72			31.45	1:14.56	32.51	1:09.29	2:38.54	38.50	1:24.69		1:11.68			
Charlotte Tukker	15-7-2014	25m	46.39	1:47.46				59.24		52.88			1:01.08			1:56.27			
Fleur Uitdewilligen	23-7-2014	25m	42.11	1:40.86				51.13		47.30			54.74			1:41.16			
Max Valk	30-4-2000	25m	33.16	1:15.75	2:39.87			36.94	1:27.26				41.68	1:27.13	3:12.52				
Nicky Vanhijfte	9-9-1992	25m	36.04	1:21.75				40.85	1:38.22	43.21	1:28.49		44.07	1:37.30	3:32.74	1:32.96			
Dorien Vasseur	20-6-1987	25m	38.83	1:24.37	3:00.35			44.70	1:45.59	45.06	1:33.75		46.97	1:41.95	3:50.44	1:35.30			
Fien van de Velde	20-3-2011	50m 25m	48.57 39.44	1:44.17 1:35.63	3:32.26			53.24	2:17.09	50.49 43.31	1:46.52 1:41.52		51.14	1:50.31			3:47.39		
Evelyn Verplanke	12-1-1981	25m	35.70	1:23.71				42.27	1:44.82	36.51	1:28.31	3:13.37	47.23			1:31.60	3:24.66		
Ryan Verplanke	7-12-1977	50m 25m	31.51 30.87	1:11.82				32.72 32.33	1:16.62	3:03.49	36.79	1:21.13	3:04.14	37.96	1:25.76	3:11.01	1:18.09	2:58.69	
Lynn Versprille	16-8-2014	25m	1:12.54							1:07.04			1:10.83						
Matthijs Vinke	8-4-2009	50m 25m	31.00 29.53	1:07.89 1:05.56	2:34.12 2:26.49	5:24.08 5:16.44	21:33.17	37.34 34.52	1:25.26 1:19.74	3:28.50	36.16 35.19	1:16.50 1:14.77	2:43.93 2:40.11	39.00 36.70	1:26.10 1:22.83	3:08.50 2:58.94	1:15.34	2:49.30 2:41.98	6:27.63 5:52.68
Tonny Vinke	27-3-1967	25m	36.39	1:17.46	2:51.06					38.27			45.73	1:37.41		1:30.07			

Pers. records

Naam, voornaam	Geb.dat.	50 vs	100 vs	200 vs	400 vs	800/1500m	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Evelien van Voren	15-11-2008	50m 25m	38.40	1:26.83 1:27.94	3:22.62	7:09.12	47.35 46.37	1:46.52		42.77	1:36.89	3:28.64	46.19	1:43.43	3:43.29	1:37.15	3:34.24		
Marieke van Voren	17-9-2011	50m 25m	35.51 35.28	1:16.05 1:18.48	2:51.36 2:56.78	6:02.50 6:03.37	45.13 44.79	1:39.86 1:43.83		44.25 43.18	1:34.91 1:37.82		49.71	1:53.60		1:37.12	3:20.20 3:21.20		
Caren van Voren - den Dekker	24-4-1977	25m	42.23	1:30.50			50.38			47.12	1:43.93					1:45.48			
Jesse Walhout	9-3-2013	50m 25m	39.34 41.55	1:30.99	3:30.18		51.08	2:02.88		51.30 53.11	1:47.17		47.25 49.08	1:42.83		1:46.85	3:49.46		
Niek Walhout	1-10-2010	50m 25m	33.20 32.67	1:15.77 1:12.44	2:56.08	6:18.96	39.13 37.05	1:32.44 1:28.63		41.35 39.82	1:25.24 1:24.60		37.83 37.41	1:26.09 1:22.05	3:10.44 3:12.65	1:22.15	2:57.66		
Pommeline Warringa	3-1-1993	25m	33.19				46.14	1:45.49		43.33	1:28.30	3:08.73	45.86	1:37.06	3:26.14	1:28.44			
Joséphine Wijffels	25-7-2008	50m 25m	33.82 33.41	1:15.50	2:56.67		38.75	1:31.86		41.39 40.16	1:26.12	3:04.43	45.76 40.82	1:34.10 1:30.64	3:25.06 3:17.96	1:24.75	3:10.31		
Stan van de Wijnckel	1-12-2009	25m	40.56	1:24.91	3:01.47		46.54	1:53.35		43.61	1:34.50		45.05	1:34.89		1:45.48	3:15.97		
Lars de Windt	2-7-2012	50m 25m	42.49 37.22	1:27.67 1:16.04	2:48.17	6:12.50	42.04 37.83	1:27.99 1:26.41		44.83 39.70	1:28.91 1:23.49		49.90 47.67	1:40.48 1:37.59		1:25.48	3:00.60		
Imara de Wolf	13-10-2016	25m	1:12.91	2:36.47			1:20.59			1:11.92			1:12.17			2:30.58			
Luuk Zijlstra	15-4-2004	50m 25m	28.00	1:02.80	2:26.67	5:22.18	22:19.54	31.22	1:14.53	3:05.28	38.26 33.08	1:20.70 1:11.63	2:48.43 2:35.83	35.33 33.33	1:21.83 1:16.36	3:01.85 2:51.74	1:10.31	2:41.20	5:48.28
Maarten van der Zwan	7-1-1975	50m 25m	32.52 27.99	1:10.96 1:14.06	2:27.08 2:35.17	5:41.34 5:20.27	30.18	1:11.22 1:07.71		36.49			33.71 32.21	1:16.91 1:13.87	2:54.94 2:43.73	1:08.48	2:43.87		
Romy van der Zwan	8-2-2004	50m 25m	31.08 30.04	1:09.79 1:07.55	2:36.93 2:33.69	6:37.31	13:09.47	38.14 33.42	1:19.32		35.89 34.40	1:18.37 1:15.15	2:55.85 2:43.07	40.36 39.59	1:32.42 1:26.99	3:17.78 3:19.81	1:15.73	2:58.19 2:51.43	